



**VISIT MOSCOW
TOURS**

Russia, Moscow, 115419
Shabolovka 34, building 2, entrance 4

Tel: +7 (985) 711-99-65

WhatsApp: +7 (985) 711-99-65

E-mail: booking@visitmoscowtours.com

www.visitmoscowtours.com

SPA tour package Grozny (Chechnya) 4 days- 3 nights.



Our SPA anti-stress tour will allow you to reload your energy and strength with the help of cleansing the body and soul with thermal water, body wrapping, mountain tea.

The SPA specialists and magic thermal water who will bring your condition into harmony in four days.

And so, you return home on Sunday evening with a fresh head, new thoughts, a desire to win!

P.S. The Chechen Republic is one of the warmest republic of the Russian Federation and there is a straight flight from Dubai. Good weather throughout the year, mountains, lakes, unique healing thermal springs, which have no analogues in the world, makes this region more and more popular with travelers.



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Itinerary

Day 1 Transfer from the airport. City tour. Thermal bath

13:00 - Meeting at the airport
14:00 - lunch
15:00 - Check in to the hotel
16:00 - City tour
18:00 - Thermal baths, taking baths with black water and mountain herbal tea.
19:00 – Dinner at the café (optional)
20:00- transfer to the hotel



Day 2 Spa programme, Excursion to Nikhaloi waterfalls, thermal baths

09:00 - Breakfast
9:30 – Spa programme: leg-glute-thigh massage + body wrapping / neck-back massage + body wrapping
13:00 - Lunch
13:00 - Excursion to the Nikhaloy waterfalls, hiking for 2 hours
16:00 - Excursion to the Twin Towers. Place of power. Meditation to make your dreams come true!
17:00 - Thermal baths, taking healing baths with black water and mountain herbal tea .
18:00 – Dinner at the café (optional)
19:00 – Transfer to the hotel





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Day 3 Spa programme, Excursion to Kezenoi Am lake, Thermal baths

9:30 - Spa programme: leg-glute-thigh massage + body wrapping / neck-back massage + body wrapping
13:00 –15: 00 Excursion to the Kezenoy-Am lake. Visit to the ancient city of Hoi. Lunch over there
15: 00- 17:00 -Transfer to the thermal springs
17:00 - Thermal spring, taking healing baths with black water and herbal mountain tea.
18:00- Dinner at the café (optional)
19:00- Transfer to the hotel



Day 4 Thermal springs, Veduchi village and ski resort

8:30 - Check out from the hotel, leave things in the luggage storage room.
9:00 - Thermal spring, taking healing baths with black water and mountain herbal tea.
11: 00-14: 00- transfer to the village of Veduchi
14: 00-17: 00-Excursion to the village and the Veduchi ski resort.
17: 00- 18:00 Lunch at Veduchi!
18:00 - Transfer to the airport





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Inclusions:

- Accommodation in a 4-star/5 stars hotel
- SPA program Dr. Amaeva- body wrapping, massage
- Massage and body wrapping
- Thermal baths with healing black water
- Mountain healing teas in the morning and evening
- Transport and guide during the whole tour according to the program
- Breakfast and lunch

Not included:

- medical insurance
- plane tickets